



Green Weekend in the Lambourn Valley, 13 – 15 October 2023

Everyone is very welcome at the second Green Weekend in the Lambourn Valley, where our aims are to share practical information about reducing our carbon footprint, and to celebrate and protect local biodiversity.

Please share this email with everyone you think may be interested and, if appropriate, please [print out our poster](#) and put up on a local or work-place notice board.

Friday 13 October, East Garston

6 – 7pm Carbon Footprint Workshop, East Garston Village Hall, RG17 7EX. Find out more about carbon ‘pollution’, or share your experience of reducing your carbon footprint. This friendly, hands-on session will use the WWF footprint calculator (bring your smart phone if you have one) to estimate our own footprint and discuss how, even without government or industry involvement, most of us have the potential to reduce our footprints by 50% by 2030 in line with science-based targets. Followed by an optional ‘pot-luck’ veggie supper – bring a favourite veggie dish to share. The village hall bar will be open, serving local apple juice and organic wine.

Saturday 14 October, East Garston

Lots of free events and activities in East Garston Village Hall and the Quaker Meeting House opposite. Refreshments available from Priscilla's Kitchen.

Travel options: [Number 4 bus](#) can be taken to East Garston but if you need to drive, parking is available in the Millennium Field (what3words: choppers.lifeboats.mime), with access from Newbury Road. Disabled parking is available in the Jubilee Meadow in the middle of the village.

10.30 – 11.30am Guided Eco-walk, waterproof shoes and appropriate outdoor wear recommended. See how our wild-life hedge, planted last November, has coped with visiting muntjac, a dry June and prolonged Thames Water works, the pros and cons of retro-fitting a 1970s bungalow, and a new food growing scheme in the village with the opportunity to have a go at planting or harvesting (weather-dependent and bring your own tools and gloves).

11 – 2pm Apple-pressing and Seed/Produce/Plant Swap. Bring your eaters, cookers and pears to press into delicious juice to take home. Bring your own clean bottles (glass or plastic). A shocking 90% of garden apples in England normally go to waste so thanks to Hungerford Food Community and Sustainable Wantage for this opportunity to press our surplus apples conveniently in the village. Bring seeds/produce/plants to swap or just make a donation if you don't have any to swap.

12 – 4pm Repair Cafe, tool sharpening and bike repair. Bring your small electrical appliances, clothes and household items that need fixing. Last entry 3.30pm, if we are busy we may have to limit to one item per person.

1 – 4pm approx. Eco-themed talks and displays, including a scything demonstration (12pm), information (from 11.30am) about 10 Green Bottles, a local milk round with a sustainable difference, and a [Citizens Climate Lobby](#) stand, including a presentation at 4.15pm. Find out more about insulation, home energy and (from 11.00am) the pro's and cons of electric and hybrid vehicles. Register to borrow a thermal imaging camera to find the heat leaks in your home.

5pm Hungry for Change screening and Autumnal Supper. Following on from the BBC *Save Our Wild-Isles* series earlier this year, we are showing a 30 minute documentary [Hungry for Change](#), a collaboration between WWF, RSPB and National Trust. *Hungry for Change* reveals the impact of the food system on nature in the UK and explores what actions businesses, employees, and farmers can take to reduce their impact.

The film will be followed by a discussion panel including:

- Rosie Kindersley, Sheepdrove Organic Farm

- Andrew Blake, Guild of Agricultural Journalists
- Adrian Abbs, Environmental Portfolio Holder, West Berkshire Council
- Lucy Handley, Slow Food & Berkshire Trout

Afterwards please join us for a two-course autumnal supper with Berkshire Trout canapes.

Entry to the film and discussion is free but must be [pre-booked here](#). The supper costs £17 per person and should be booked directly with Ruth from Priscilla's Kitchen on 07976 156389 or priscillas.kitchen@btinternet.com by 6 October.

Sunday 15 October, Eastbury

Eastbury Eco Church, welcomes you to a full day of free talks and activities at St James Church, Church Street, Eastbury, RG17 7JL.

10.30am: Eco display. Apple pressing, full-size electric SUV, race solar-powered Scalextric, browse the toolbox used to sustainably manage and maintain the habitats of our SSSI chalk stream and riverbank. Find out how a heated pew seat, thermal imaging camera and a data logger work and how they help to reduce our carbon footprint.

12 noon: *Insightful ways to maintain sustainable waterways.* Andrew Gorton has looked after Eastbury's stretch of the River Lambourn for many years and has fascinating tales to share. [Please book your free ticket here.](#)

1pm: lunch. Our local pub The Plough is famed for using locally sourced ingredients so we recommend you book a table for Sunday lunch or you are also welcome to bring a picnic lunch to the church.

2pm: Guided Foraging Walk. Learn about the wares of a local foraging family and their traditional recipes. Meet in the Church. [Please book your free place here.](#)

3pm: Talk on Richard Jefferies, the first and truest nature conservationist by Dr Mike Pringle, director of the Richard Jefferies Museum. Edward Thomas, whose nature poetry is immortalised in St. James' Whistler window, wrote "no other writer leaves us with such a sense of infinite riches as Jeffries'." [Please book your free ticket here.](#) Copies of Dr Mike Pringle's book, *Richard Jefferies Nature Writer & Champion of "WILD LIFE"* will be for sale, as well as pots of local honey.

4pm: Afternoon Tea. Enjoy some delicious homemade and seasonal cakes.

We are collecting the following at all the events over the weekend:

- donations for Ukraine – please only bring requested items from [the list on the HUGS Aid to Ukraine website](#).
- any aluminium (foils, cans, saucepans etc) for recycling by Hungerford Rotary
- unwanted or broken electronics (inc mobiles, hi-fis, devices, cables, screens) for refurbishing and recycling by [Green Machine Computers](#) near Ramsbury

Please follow us on facebook here: facebook.com/lambournvalleyecocommunity

Any further enquiries: please check pennypost.org.uk (search for Green Weekend), or contact Pat Watson and Penny Locke (East Garston Eco Group) on ecoeastgarston@gmail.com or Deborah Phillips (Eastbury Eco Church) on eastburyecochurch@gmail.com.

Finally, thank you for all of your support so far.